

**Listing of Claims:**

Claims 1-8 (canceled)

9. (previously presented) A composite yarn, comprising:

at least one elastomeric fiber forming a strand with a total draft in a range from 1.2X to 6.2X of an original spun length of the strand;

at least one hard yarn selected from the group consisting of: synthetic fibers, natural fibers and a blend of synthetic and natural fibers, wherein said hard yarn is aligned adjacent and substantially parallel to said strand to make an aligned yarn, wherein said strand is positioned adjacent, substantially parallel to and external to said hard yarn along the length of said aligned yarn; and

a dried or cured size material forming an adhesive that adheres the strand and hard yarn of the aligned yarn together to form said composite yarn; and

wherein said size material covers said composite yarn.

10. (original) The composite yarn of claim 9, wherein the strand is formed from a spandex yarn of a denier of from 20 to 140 before stretching, and wherein the hard yarn has a total denier of from 45 to 900.

11. (original) The composite yarn of claim 9, wherein the size material comprises a sizing agent and a wax.

12. (original) The composite yarn of claim 9, wherein the dried size material forms an adhesive coating on the aligned yarn.

13. (original) An elastic woven fabric, comprising upon weaving and before final fabric finishing:

composite yarns of claim 9 and hard yarns in the warp; and composite yarns of claim 9 and hard yarns in the weft,

wherein the ratio of said composite yarns to said hard yarns is from 1:1 to 1:4 in both the warp and the weft.

14. (original) An elastic woven fabric, comprising upon weaving and before final fabric finishing:

composite yarns of claim 9 and hard yarns in the weft; and

hard yarns in the warp,

wherein the ratio of said composite yarns to said hard yarns in the weft ranges from 1:1 to 1:4.

15. (original) An elastic woven fabric, comprising upon weaving and before final fabric finishing:

composite yarns of claim 9 and hard yarns in the warp; and

hard yarns in the weft;

wherein the ratio of said composite yarns to said hard yarns in the warp ranges from 1:1 to 1:4.

16. (original) An elastic knit fabric comprising upon knitting and before final finishing:

composite yarns of claim 9.

17. (previously presented) An elastic woven fabric after final finishing, comprising:

strands of bare, essentially untwisted elastomeric fibers in the weft that are substantially parallel, external, and adjacent to hard yarns in the weft.

18. (original) A garment comprising the elastic woven fabric of claim 17.

19. (previously presented) An elastic woven fabric after final finishing, comprising:

strands of bare, essentially untwisted elastomeric fibers in the warp that are substantially parallel, external, and adjacent to hard yarns in the warp, wherein the ratio of said elastomeric fibers to hard yarns in the warp ranges from 1:2 to 1:4.

20. (original) A garment comprising the elastic woven fabric of claim 19.

21. (new) A composite yarn, consisting essentially of:

at least one elastomeric fiber forming a strand with a total draft in a range from 1.2X to 6.2X of an original spun length of the strand;

at least one hard yarn selected from the group consisting of: synthetic fibers, natural fibers and a blend of synthetic and natural fibers, wherein said hard yarn is aligned adjacent and substantially parallel to said strand to make an aligned yarn, wherein said strand is positioned adjacent, substantially parallel to and external to said hard yarn along the length of said aligned yarn; and

a dried or cured size material forming an adhesive that adheres the strand and hard yarn of the aligned yarn together to form said composite yarn; and

wherein said size material covers said composite yarn.